

FOR EMPLOYEES WITH DISABILITIES, AND THE PEOPLE WHO SUPPORT THEM

THRIVE at Work

Getting hired is one hurdle. Growing in the job is the next one: being seen for promotion, asking for support without feeling like a burden, and not burning out while proving yourself. THRIVE is six pillars that help with exactly that.

The six pillars, and how they help at work

T

Truth of Self

Knowing your strengths and the conditions you work best in, so you can ask for the right support and show what you bring.

H

Honor Your Story

Deciding whether, when and how to share your disability at work, on your own terms and with confidence.

R

Rise with Skills and Rights

Building the skills for the next role, and knowing your rights, including reasonable accommodation under the RPwD Act.

I

Initiate Your Plan

Starting the career conversation yourself, instead of waiting to be noticed, with a clear plan and dates on it.

V

Value Your Well-being

Managing energy, setting boundaries and spotting burnout early, because working twice as hard to prove yourself has a cost.

E

Extend It Forward

Mentoring others and building the disability network, so it's a little easier for the next person who joins.

FOR HR, D&I AND PEOPLE LEADERS

Built around your organisation, not off the shelf

We shape THRIVE at Work for each organisation. It starts with what you're struggling with, and with what we hear when we speak, confidentially, with your employees with disabilities.

1. Listen

Your problem statement, your BELONG results, and themes from conversations with employees.

2. Shape

We pick the pillars that matter most for your people and build the content around them.

3. Deliver

Virtual sessions, in-person workshops, or self-paced learning. Or a mix that suits you.

Want THRIVE at Work for your team?

Book a free call. Tell us what you're seeing, and we'll suggest where to start.

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